

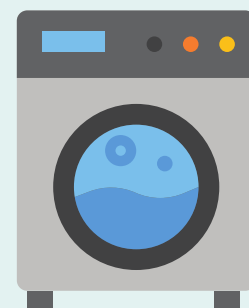
# COVID-19: How to clean self-made face masks correctly



It is very important to disinfect your face masks as often as possible after wearing them. Otherwise, they cannot offer you the maximum protection. You have the choice:

## Wash it!

As often as possible and at minimum 60°. Preferably let it dry outside.



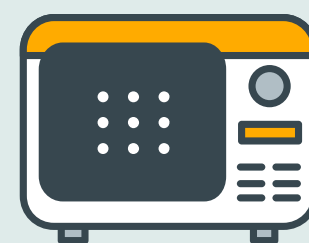
## Put it in the oven!

For 10 minutes at 80°



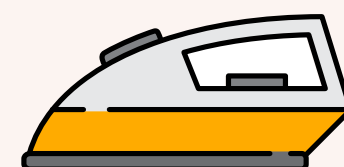
## Put it in the microwave!

At a high watt number for several minutes.  
→ Disinfection via water vapor.



## Iron it!

If you are in a rush, at least quickly iron over it. However, it is better to wash & iron it for optimal protection.



**Source:** German Federal Institute for Medicine & Medical Products; German Society for Hygiene & Microbiology; Robert Koch-Institute; based on a graphic idea of German TV magazine WISO